

LOOK IT UP:

◇ Philippians 1:6

Date: _____

◇ Psalm 139:23-24

Date: _____

◇ Isaiah 43:19

Date: _____

January 22, 2023

TALK ABOUT IT:

1.) Be honest with yourself- Do you need healing in this area?

2.) Be honest with yourself- Do you want healing in this area?

3.) What is God asking you to do to become more mentally healthy?

Healthy Relationships in an Unhealthy World-Part 4

Speaker: Cathy Berry



We Exist to: Know God, Love People, and Change Lives

WWW.NCCDayton.org

New City Church Information Center

Welcome to New City Church! We are so glad you could join us today. To help ensure a distraction free worship environment, please be sure your phone ringer is set to vibrate. Also, if you **must** exit the Worship Center, please do so as quietly as possible. We hope you enjoy today's worship experience.

First Time Visitors: If this is your first visit to New City Church, Welcome! Please be sure to visit the Connect Center to drop off your connect card and receive a "thank you" gift for visiting.

Serving Opportunities: If you are interested in volunteering in ministry, you can go online to www.nccdayton.org to the "Volunteering" page and complete a registration form, or you can contact the ministry leader for more information:

- *Children's Ministry:* Courtney Wilson (937)679-2641
- *Praise & Worship:* Kyle Fry
- *Youth Ministry:* Mario Velasquez (937)867-6341
- *Food Ministry:* Diana Leighner (937)241-8318
- *Other Ministries:* Jessica Lucas (937)270-8235

*Text-To-Give 937-770-8080

Upcoming Events

- 1/23/23 City Sisters (Door #4) 6:30-8:00pm
1/24/23 Food Ministry-Free Community Meal 5:00-6:00pm (Door #4)
1/31/23 Food Ministry-Free Community Meal 5:00-6:00pm (Door #4)
2/1/23 Forged Men's Group (2437 Ontario Ave.) 6:00-7:30pm
2/13/23 City Sisters (Door #4) 6:30-8:00pm
2/15/23 Forged Men's Group (2437 Ontario Ave.) 6:00-7:30pm

Connect Center - Volunteers are available at the Connect Center to answer questions or help with activity sign ups. Please stop by, they would love to hear from you.

Message Notes

SCRIPTURE REFERENCE:

- Psalm 119:29
- John 8:32
- 2 Corinthians 5:17
- John 5:6
- Ephesians 4:22-24
- Hebrews 12:2
- Proverbs 4:23
- Proverbs 23:7
- Philippians 4:8
- Romans 12:2
- Ezekiel 36:26

1. In order to have _____ relationships, you have to be _____.
2. _____ is the author of both mental health and relationships .
3. Every Christian should be " _____ " .
4. How does God transform you into a new person?

Notes: _____
